



CLASSES SCHEDULE: PEAK FITNESS

Rev. 10-27-20

CLASSES ARE BEING ADDED AS INSTRUCTORS BECOME AVAILABLE!

	M	TU	W	TH	F		SA	SU
5:30 AM	Total Body Sculpting ** Danielle **		ABC Aerobics ** Danielle **					
8:30 AM	Cardio & Strength ** Rachell **		Peak Pump ** Rachell **		Cardio & Pilates ** Rachell **			
9:00 AM						10:00 AM	Zumba ** Francine **	
9:30 AM						11:00 AM		Yoga ** Brianna ** starts 11-8-20
5:30 PM		Zumba ** Francine **						
6:45 PM								
7:00 PM	Zumba ** Cesar ** starts 11-16-20		Zumba ** Cesar ** starts 11-18-20	Zumba ** Alicia **				

Voted #1 Gym on Indy's A-List 2011-2017 !!



All classes are \$5 for members !!

SPINNING CLASSES

317-257-6218
5028 E. 62nd St. Indianapolis 46220

Instagram: peakperformfit
Facebook: facebook.com/PeakFitnessIndy
www.peakperformancefitnesscenter.com

CLUB HOURS:

M-Th 5 am - 9 pm
Fri 5 am - 7 pm
Sat/Sun 8 am - 5 pm

*Must enter club 1.5 hours before closing.

	M	TU	W	TH	F	SA	SU
8:30 AM						** Chris **	
9:30 AM							
10:00 AM							
6:00 PM			** Chris **				